



For further information, relating to Squash & Racketball and, to reserve your place, please phone, email or text:

Tim Vail: 07939 005959 tim.vail@outlook.com

2020 SQUASH & RACKETBALL PROGRAMME

SEPTEMBER – DECEMBER 2020

COMMENCING MONDAY 7th SEPTEMBER

Monday

5.00pm – 5.55pm	Racketball Advanced	Max.5 players	£8pp
6.00pm – 6.55pm	Racketball Intermediate	Max.5 players	£8pp
7.00pm – 7.55pm	Ladies' Team Training	Max.5 players	£8pp
8.00pm – 8.55pm	Beginners' Squash	Max.5 players	£8pp

Wednesday

6.00pm – 7.30pm	Elite Juniors 1	Max.5 players.	Invitation only
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Thursday

4.20pm – 5.00pm	U11 Advanced Juniors	Max 5 players.	Bookable Course
5.00pm – 6.00pm	Advanced Juniors	Max 5 players.	Bookable Course
6.40pm – 8.00pm	Elite Juniors 2	Max.5 players.	Invitation only

Saturday

9.00am – 9.40am	Junior Minis	Max 5 players.	Bookable Course
9.50am – 10.30am	Junior Development	Max 5 players.	Bookable Course
10.40am – 11.20pm	Junior Training	Max 5 players.	Bookable Course
11.30am – 1.30pm	ES Performance Hub	Max.5 players(x2)	Invitation only

To book any of these sessions please contact me on **07939 005959** or email me at tim.vail@outlook.com Please state which session you would like.

When everything returns to 'normal' these group will be increased to 8 players

Looking forward, I would like to introduce coaching sessions during the day: Ladies' Racketball, Veterans' Squash or Racketball, over 50s or Introduction to Squash and Adult Squash Sessions for Club players

If you are interested in any of these sessions please contact me on **07939 005959** or email me at tim.vail@outlook.com Please state which session you would like and your preferred day and time.

Also, if there is another group coaching session that you would like me to organise please contact me.

Updated 04.09.2020